



Give2TheTroops® OFFICIAL LIST of the Most Popular ITEMS REQUESTED BY OUR TROOPS

This list is specifically for troops registered with our organization and may not be copied or distributed without our permission

Due to our Policies and Regulations, we **CANNOT ACCEPT** these items:

HOME-BAKED FOOD
GLASS BOTTLES or GLASS JARS
AEROSOL CANS or SPRAYS
EXPIRED FOOD
CANNED FOOD
LIGHTERS, MATCHES or LIGHTER FLUID
HOTEL SAMPLES
VHS TAPES
HARD-COVER BOOKS
MUSIC CDS (We buy specific CDs troops request)

Items in **PURPLE** are the **MOST NEEDED & REQUESTED!**

FOOD and SNACKS:

Beef Jerky / Slim Jims

COFFEE (Ground or whole; instant or drip), Hot Chocolate packets, Herbal teas

Instant Drink Mixes (Gatorade, Kool-Aid, Crystal Light)

Pumpkin Seeds / Sunflower Seeds (salted)

Tuna in foil pouches (no cans)

Protein Powders / Protein Bars / Cliff Bars

*NO CHOCOLATE PRODUCTS accepted from MARCH to OCTOBER (it will melt in high temperatures!)

Hard Pretzels / Cheetos / Fritos / Chex Mix / Wheat Thins

Gum and Hard Candy (must be individually wrapped)

Granola Bars / Power Bars / Cereal Bars

Small Packs of Fig Newtons, Oreos, Cheese-Its

Trail Mix, Dried Fruit, Granola, Fruit Roll-Ups / Fruit By The Foot / Fruit Gummies

DRY SOUP: (Ramen Noodles / Cup-O-Soup: just add water)

NUTS: Peanuts, Mixed Nuts (salted)

MICROWAVE FOOD (Popcorn, Chef-Boy-R-Dee, Mac'n'Cheese...)

COOKIES / Girl Scout Cookies (with chocolate: Oct. - Feb. only!)

Cheese & Cracker packs

Condiments, Spices; Sugar; Salad Dressing (no glass jars)

Oatmeal Packs (Instant: just add water)

Cereal (Small, individual boxes)

Rice Krispie Treats (Store-bought only)

Caffeinated gum or candy (to stay alert)

TOILETRIES: NO HOTEL SAMPLES!

Baby wipes (travel size)

Liquid Hand Sanitizer (travel size)

Body Wash, Liquid Soap, Facial Cleanser

Shampoo /Conditioner (travel size)

Hair Gel (for female troops to pull hair back)

Combs / Brushes, Bobby Pins

Eye Drops (i.e. Visine)

Nasal Spray



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Deodorant (travel size)
Razors (disposable: "Intuition" or "Mach 3" type)
Shaving Cream / Shaving Soap (in boxes or tubes; NO CANS of Shaving Cream, please!)
Cotton Swabs (i.e. Q-tips)
Band-aids, Gauze Pads, First Aid Kits
Lip balm / Chap Stick
Baby Powder & Foot Powder (travel size)
Loufa Sponges / Buff Puffs / Washcloths
Tissues (individual packs; travel size only)
Sunblock, SPF 45, Zinc, Vitamin E, Aloe Vera Gel
Bug Spray / DEET / Skin-So-Soft
Hand & Body Lotion / Moisturizer (travel size)
Mouthwash (travel size)
Toothpaste & Toothbrushes & Dental Floss
VITAMINS (multi-vitamins are always needed!)
Breath Mints / Breath Strips
Lozenges / Cough Drops
Nail files / Emery Boards / Nail Clippers
Feminine Hygiene Products
Cotton Balls
Tylenol, Motrin, Advil or Aspirin Packets
Moleskin
Shoe Insole Cushions (gel kind is best)

ENTERTAINMENT and SPORTS:

Batteries: "AA" "AAA" and "C" are the most requested
DVD Movies (new or used - recent releases)
Xbox Games (new or used)
PS2 Games (new or used)
Portable CD players / head phones
Small homemade gifts - little comforts of "home"
Pens & mechanical pencils
Stationery & Envelopes; blank cards to send home
Double-sided tape
Day planners / Small, Pocket Calendars
Crossword Puzzles / Word Search Books / Math Puzzle books / MAD LIBS / Logic Problems / Sudoku
Yo-Yo's, Dominoes, playing cards, poker chips, dice
Board games (UNO, Othello, checkers - travel size is great, too!)
Nerf footballs / Whiffle balls / Mitts / Sports equipment
Frisbees / Hackey sacks
Electronic handheld games
35 mm disposable cameras
Flash Drives, Thumb Drives for laptop computers

OTHER:



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Linens: Pillow cases, twin sheets, towels (green & tan)

T-Shirts: Cotton green & tan under shirts (Sizes: M, L & XL)

Laundry Detergent: (Click [HERE](#) for types)

Small Flashlights (battery operated)

Air Fresheners

Socks: Black, Olive Green & White (cotton and/or wool)

Patriotic knick-knacks: USA flags, flags from your state, bandanas, baseball hats, football jerseys, banners.

Generic sunglasses

Alarm Clocks (Small in size; wind up or battery-operated)

Black or Green duct tape, small tool kits, dust masks, carpentry tools, Fly swatters, fly paper, mosquito netting, bug repellent in plastic pump bottles only (NO AEROSOL CANS, PLEASE!)

Religious booklets, small bibles, inspirational readings

Small toys & school supplies for Iraqi & Afghani children

Small portable heaters & fans (110 voltage okay)

Coffee Makers (110 voltage okay) & coffee filters!

Microwave Ovens (55 lbs max; 110 voltage okay)

Small hot pots

Winter Hats & Blankets (Yes, it snows in the winter over there!)

Combat Application Tourniquets (black only)

Holiday Decorations

K-9 items 

Science Diet *DRY* Dog Food, Kong toys, Latex Toys, Furminator® Brushes

CARDS & LETTERS

The troops love to hear from all of us and Mail brightens their days! These are the MOST IMPORTANT items we can send the troops & we can never have too many, so please keep writing! Consider making a patriotic banner or poster to send in one of our care packages!

Note: Our troops do not need stamps as they're in war zones & may send mail home to their loved ones at no charge.

Thank you for your cooperation and support!